**Appendix 2 - Blended Learning Materials – links to resources**

**Primary**

**Delivering Home Learning**

This is the link to the document on Kent Children’s University with titles and further descriptions of each link: <http://www.kentchildrensuniversity.co.uk/media/380935/delivering_home_learning.pdf>

Links below are contained in the document above:

<https://support.google.com/edu/classroom/answer/6072460>

<https://www.youtube.com/watch?v=rCNImsWUxZA>

<https://support.google.com/edu/classroom/answer/6067319>

<https://www.easyclass.com/>

**Home Learning EYFS**

* This is the link to the document on Kent Children’s University with titles and further descriptions of each link: <http://www.kentchildrensuniversity.co.uk/media/380947/useful_links_resources_for_home_learning_packs__eyfs_in_schools___2_.pdf>
* Links below are contained in the document above:

<https://www.early-education.org.uk/news/twelve-links-supporting-home-learning-early-years-and-primary>

* [**Action for Children**](https://www.actionforchildren.org.uk/support-for-parents/things-to-do-with-your-child/messy-play/?gclid=EAIaIQobChMItbSS1Pql6AIVUtTeCh1IFwufEAAYASAAEgJZn_D_BwE&gclsrc=aw.d) – simple recipe (with video) for making play dough and a wealth of inexpensive ideas from den making and bringing a story to life to making musical instruments and junk modelling,
* [**Author Read Alouds**](https://www.youtube.com/playlist?list=PLEA3D5C281A1511A3) – youtube videos of some of our favourite authors reading their own stories
* [**Creative Star Learning Limited**](https://creativestarlearning.co.uk/) - Brilliant practical ideas for all sorts of outdoor learning
* [**Jackanory Junior**](https://www.bbc.co.uk/programmes/b007t9wg) – 15 minute stories for children
* [**The Literacy Trust**](https://literacytrust.org.uk/resources/choose-perfect-book-your-child-these-book-lists/) - Discover new and exciting books for young children with a range of booklists that group books by topic (eg. animals, dinosaurs, classics, family and friends and bedtime)
* [**The School Reading List**](https://schoolreadinglist.co.uk/reading-lists-for-ks1-school-pupils/100-best-picture-books-to-read-before-you-are-5-years-old/) - 100 lovely picture books to excite and engage young children

**Home Learning (Key Stage 1 and 2)**

suitable for EYFS where +EYFS is stated

This is the link to the document on Kent Children’s University with titles and further descriptions of each link: <http://www.kentchildrensuniversity.co.uk/media/380950/home_learning_weblinks__2_.pdf>

**Literacy**

* [**Audible Stories**](https://stories.audible.com/start-listen)**:** For as long as schools are closed, we're open. Right now, kids everywhere can instantly stream an incredible collection of stories, including titles across eight different languages, that will help them continue dreaming, learning, and just being kids. All stories are free to stream on your desktop, laptop, phone or tablet.Explore the collection, select a title and start listening.
* [**We are Teachers**](https://www.weareteachers.com/virtual-author-activities/)**:** The Big List of Children’s Authors Doing Online Read-Alouds & Activities
* [**Book Creator**](https://bookcreator.com/2020/03/support-for-schools-affected-by-coronavirus/)**:** This great website encourages children to have a go at writing their own texts. It’s a highly versatile tool which is very motivating for budding writers who enjoy working online and being in charge of their own publications!
* [**Chip and Co**](https://chipandco.com/actor-josh-gad-is-reading-books-to-kids-online-every-night-during-coronavirus-quarantines-383789/)**:** Actor Josh Gad has decided to read children’s books to families around the world via his Twitter page each night while either under quarantine or practising social distancing during the outbreak of coronavirus.
* [**Emile**](https://www.emile-education.com/)**:** All our Emile products harness the power of games-based learning and gamification.

Students are engaged by an enchanting adventure, crazy characters, enthralling game modes, ultra-competitive class competitions, school leader boards for most effort & most improved, reward systems that encourage more use and trophies to display. All these features lead students to wanting to answer questions, explore new concepts or revisit known topics. By making use of a simple Assess, Practice and Achieve model, we ensure that students are working at the right level and are making progress.

Emile are giving FREE full access to our resources to ANY school affected by the Coronavirus outbreak.

* [**EPIC**](https://www.getepic.com/learn/freeremotestudentaccess/)**:** Free remote access to over 40,000 audio books
* +EYFS & KS1 **Fun Phonics (YouTubechannel):** Phonics videos to help parents and professionals make learning fun!
* KS2 only [**Grammarsaurus**](https://theeducationpeople.sharepoint.com/sites/tep/si/SSIT/Covid-19%20documents/Return%20to%20work%20guidance/•%09https:/www.youtube.com/channel/UCMhWKrdwzFr994ZhwqG4nlA) **(YouTube channel)**: Revise your grammar through song.

# + EYFS [Phonics from EYFS – Y6](https://linguisticphonics.wordpress.com/phonics-from-eyfs-y6/)

* + EYFS [**Love my Books!**](http://www.lovemybooks.co.uk/http:/www.lovemybooks.co.uk/) A brilliant website with enjoyable, educational activities which go with the book the child chooses. Simply click on a topic and age group, then click on a book to discover the activities. You’ll need a copy of the text, so either choose one you have at home, or go to Amazon.co.uk to order your copy.
* + EYFS[**Mathematics mastery: English practice**](https://www.mathematicsmastery.org/free-resources)**:** Despite the name of the website, this includes English activities too, separated into year group packs. You can find the reading texts towards the end of each pack. You’ll need to be able to print these off, for both reading and writing. Grammar, spelling and handwriting are included! (This does not include the Reception class.)
* + EYFS [**Oliver Jeffers’ online Storytime**](https://www.oliverjeffers.com/books#/abookaday/)**:** Head over to Instagram Live at 6pm GMT 1pm EST/ 11am PST to hear me read ‘How to Catch a Star,’ my first picture book. It’ll be up there for 24 hours for all other time zones. I’m recording them too and will add to my website a few hours later**.**
* + EYFS [**Once Upon A Picture**](https://www.onceuponapicture.co.uk/) is a collection of illustrations, digital art and animation accompanied by writing prompts.
* KS2 only [**Pobble 365**](https://www.pobble365.com/)**:** One picture. One teaching resource. Everyday. Starting with a weird, wonderful and/or thought-provoking image, you and your pupils will be inspired to write creatively. There are 365 images to choose from leaving no chance for boredom! With images that capture alternative viewpoints of fairy tales and interesting set ups with superheroes to animals losing their habitats in safaris and rainforests to mythical creatures causing madness and mayhem as well as many many more, the writing opportunities are endless! If the image itself doesn’t spark a thousand ideas, simply scroll down and use the activities we provide. Use them as they are or as a starting point for something even bigger.
* [**Oxford Owl**](https://www.youtube.com/playlist?list=PLB5TN0ac12P8J5P-tZMMY84pmEIQY6Pep)**:** Spelling and grammar videos.
* [**Storyboard That**](https://www.storyboardthat.com/articles/e/remote-learning)**:** is a free online storyboard creator, which provides super images and ‘scenes’ which children can drag and drop into their storyboard. There’s a free trial, so that you can see what’s on offer. Also, you can create two storyboards per week for free, or upgrade for more advanced features (which is payable).
* + EYFS [**Study ladder**](https://www.studyladder.co.uk/games/english)**:** Games organised by topic and year group from Reception to Year 6.
* [**Sumdog**](https://pages.sumdog.com/home-learning-during-school-closures/)**:** works closely with teachers and pupils to create an experience that genuinely engages pupils with practice, while providing the tools that inform teachers and enable them to adapt and support improved educational attainment. Includes spelling and grammar activities
* [**The Literacy Company**](http://www.theliteracycompany.co.uk/free-resources/)**:** A range of free resources to engage pupils in practising key skills if they need to work from home
* + EYFS **TTS Group:** Super home-learning books for Early Years, KS1 and KS2, packed with activities which support phonics, reading and writing. The Early Years resource is full of opportunities for learning, to be led and supported by an adult at home. Tip: some children in KS2 may be better suited to the KS1 booklet. Have a look and consider which one is more appropriate to their reading stage.
* + EYFS [**Typing Club**](https://www.typingclub.com/): offers the experience of learning to touch-type for free for individuals and schools
* + EYFS [**Words for Life**](http://www.wordsforlife.org.uk/)**:** Support, advice and resources for parents to develop their child’s literacy skills.

**Maths**

**All Year Groups**

* [**Coloring Squared**](https://www.coloringsquared.com/printable-coloring-sheets/star-wars/star-wars-multiplication-and-division/): American site ranging from Reception to year 6. an extensive library of math colouring pages practicing a variety of math concepts.
* [**Game Set Maths**](https://www.youtube.com/channel/UCA9WQrtSKKp2_FA8_SdTnhg)**:** Maths games that can be used as starters or for home learning.
* [**I See Maths Home Lessons During School Closures**](http://www.iseemaths.com/home-lessons/)**:** Lessons and Activities for home learning during school closures. Lessons for Year 3 and 4 and 5 and 6. There is a section of games for KS1 and KS2.
* [**Math Playground**](https://www.mathplayground.com/)**-** Math and Logic games which have been categorised by Mathematical concepts.
* [**Math Visuals**](https://mathvisuals.wordpress.com/)**-** A resource which shows visuals based on manipulatives primarily for math educators which seeks to show how to uncover patterns that are foundational to Maths.
* [**Math Visuals**](https://mathvisuals.wordpress.com/math-flips/)**-** flashcards with a problem on the front and a similar problem on the back to encourage relational thinking rather than answer-getting.
* [**Math.life**](https://maths.life/)**-** Popular maths ideas and activities for home and school
* [**Mathematics Mastery**-](https://www.mathematicsmastery.org/free-resources) Early Years and Key Stage One resources including earning packs for parents/guardians to guide daily 15-20 minute sessions for learners.
* [**Maths 4 Kids**](https://www.youtube.com/channel/UCob4tkfOSXy6yav9Y54SKIQ)**-** A channel presented by Amber (child) who introduces a new Mathematical topic every week, with examples and questions to be tried at home.
* [**Maths No Problem**](https://mathsnoproblem.com/en/parent-videos/)***-*** Videos for parents in which Dr Yeap talks about the fundamental ideas in mathematics and gives practical advise on how to support children in learning these ideas.
* [**NCETM**](https://www.ncetm.org.uk/resources/54432)**-** Support for teachers and parents dealing with home learning. A series of daily lesson videos for primary age children to watch them with children and explore the maths together.
* [**Oak National Academy-**](https://www.thenational.academy) a flexible, broad curriculum for schools to align to their own plans to. Covers a range of subjects from reception to year 11.
* [**Prodigy**](https://www.prodigygame.com/)- Games to motivate students to learn and practice math.
* [**Study Ladder**](https://www.studyladder.co.uk/games/mathematics)**-** Australian site providing sequential learning that includes videos, interactive activities and worksheets
* [**Thinking Blocks**](https://www.mathplayground.com/thinkingblocks.html)**-** visual representations to support with solving word problems for a range of maths concepts.
* [**Third Space Learning Blog**](https://thirdspacelearning.com/blog/home-learning-resources/)**-** Free Home Learning Packs for Primary Maths KS1 & KS2
* [**White Rose Home learning packs**](https://whiterosemaths.com/homelearning/)**-** Free lessons for weeks 1 and 2 and then schools need to subscribe.
* [**White Rose Problem of The Day**](https://whiterosemaths.com/resources/classroom-resources/problems/)**-** A range of problems presented with a visual support and answers.
* KS1[**Mathsticks**](https://mathsticks.com/my/tag/ks1-5-7-yrs-2/)**-** Ideas of entertaining Maths games to play with children. Some resources are premium
* KS2[**Mathsticks**](https://mathsticks.com/my/tag/ks2-7-11-yrs-2/)**-** Ideas of entertaining Maths games to play with children. Some resources are premium

### KS2 [**Mathsticks**](https://mathsticks.com/my/2019/02/multi-grid-times-tables-game/)**-** Game to help children develop fluency with multiplication facts by aiding learners to see connections between related facts and looking for patterns.

* KS2[**Third Space Learning Blog**](https://thirdspacelearning.com/blog/fun-maths-games-activities-for-kids/)**- 25 Fun Maths Games for Kids To Do At Home For Free** Educational games which are suitable for Key Stage 2 (KS2) children but could be adapted for Key Stage 1 (KS1).
* KS2[**No Pressure Maths**](https://www.nopressuremaths.com/)**-** 2 Player times table games without the pressure!

**Science**

**Key Stage 1 and 2**

* This is the link to the document on Kent Children’s University with titles and further descriptions of each link:

<http://www.kentchildrensuniversity.co.uk/media/380953/useful_links_resources_science_ks1_ks2__2_.pdf>

* **Wow Science** A website of resources and activities tested by in house scientists and teachers at PSTT (Primary Science Teaching Trust)

<https://learningscience.co.uk/>

<https://wowscience.co.uk/>

* [**Science Museum Group Learning Resources**](https://learning.sciencemuseumgroup.org.uk/resources/)**:** Free activities and resources. Includes science and maths hands on activities the whole family can do.
* [**Primary Science experiments**](https://www.theschoolrun.com/science)Home science activities for KS1 and KS2
* [**Science Takeaway Homework**](https://www.tes.com/resources/search/?&q=science+takeaway+homework)
* [**Home School Science**](https://www.tes.com/resources/search/?&q=science+takeaway+homework)**:** Science Projects and craft ideas

<https://www.homeschooling-ideas.com/home-school-science.html>

* KS1 **BBC Sites** <https://www.bbc.co.uk/bitesize/subjects/z6svr82>
* KS2 **BBC Sites** <https://www.bbc.co.uk/bitesize/levels/zbr9wmn>

**Wider Learning**

**Key Stage 1 and 2**

This is the link to the document on Kent Children’s University with titles and further descriptions of each link:

<http://www.kentchildrensuniversity.co.uk/media/380956/useful_links_resources_wider_curriculum__2_.pdf>

Links below are contained in the document above:

* **BBC Bitesize Daily Lessons-** Daily lessons for home schooling in Maths and English for every year group, as well as regular lessons in Science, History, Geography.

KS1 <https://www.bbc.co.uk/bitesize/levels/z3g4d2p>

KS2 <https://www.bbc.co.uk/bitesize/levels/zbr9wmn>

* **BBC Teach Ten Pieces-**

KS1- Lesson plans and resources for introducing young children to classical pieces:

<https://www.bbc.co.uk/teach/ten-pieces/classical-music-early-years/znvhrj6>

KS2- Explore the stories and secrets hidden in classical pieces of music with free teaching resources, exciting short films, lesson plans and arrangements. <https://www.bbc.co.uk/teach/ten-pieces/primary-resources-ks2--2nd-level/z6xjrj6>

* [**BBC Teach**](https://www.bbc.co.uk/teach)**-** thousands of free curriculum-mapped videos, arranged by age-group and subject.
* [**British Museum- Take a virtual tour of the museum**](https://artsandculture.google.com/streetview/british-museum/AwEp68JO4NECkQ?sv_lng=-0.1266024509257022&sv_lat=51.51905368906714&sv_h=326&sv_p=0&sv_pid=JeKwUFYAMWXNWPh3IOg3jw&sv_z=0.9999999999999997)
* [**The British Museum Podcast-**](https://podcasts.apple.com/gb/podcast/the-british-museum-podcast/id1147175428)This podcast takes a look at some of the British Museums famous for its objects, which represent over 2 million years of human history and culture.
* [**Online exhibitions**](https://artsandculture.google.com/partner/the-british-museum) and stories about The British Museum’s remarkable including world-famous objects such as the Rosetta Stone, the Parthenon sculptures, and Egyptian mummies.
* [**DK Findout**](https://www.dkfindout.com/uk/)**-** free teaching resources and lesson plan ideas using engaging visual content to deliver the curriculum.
* [**Duolingo**](https://apps.apple.com/us/app/duolingo/id570060128)**-** free app for learning 35+ languages through quick, bite-sized lessons. Practice speaking, reading, listening, and writing to build vocabulary and grammar skills.
* [**Endless Spanish**](https://apps.apple.com/us/app/endless-spanish/id964209088)**-** Learn frequently used Spanish words, including their context and usage.
* [**MindSnacks**](https://apps.apple.com/us/app/learn-spanish-by-mindsnacks/id385497068)**-** 9 games designed for essential vocabulary & conversation skills in Spanish.
* [**National Geography Kids**](https://www.natgeokids.com/uk/teacher-category/geography/)**-** Geography primary resources including stories, features and interviews from around the world, which are ideal for KS1 and KS2.
* [**National Museum of Computing**](https://my.matterport.com/show/?m=Vz8kCqGRjQA)**-** Take a virtual Tour of the National Museum of Computing with a interactive view of the exhibits.
* [**Tate Kids**](https://www.tate.org.uk/kids)**-** Play free games and quizzes, find art activities, explore homework help.
* EYFS and KS1 [**CBEEBIES makes**](https://www.bbc.co.uk/cbeebies/makes)**-** ideas for creative play for children

There are a number of other links listed on the KCU website listed under Other Support Materials on <http://www.kentchildrensuniversity.co.uk/cukent/home/kcu-challenges/home-learning-resources-(covid-19)/primary-specific-resources/>

**General Advice on Home Learning-**

[**The School Run**](https://www.theschoolrun.com/home-education-step-by-step)**-** Useful links in supporting with home educating

**Secondary**

**All subjects/ Key Stages recorded lessons**

The Oak National Academy, Greenshaw Trust and the BBC have produced recorded lessons and videos on a range of subjects which can be viewed on demand. These lessons, whilst originally linked to schemes of learning within these specific academies, they are now developing these into sequenced and coherent curriculum offers.

* Oak National Academy <https://www.thenational.academy/>
* Greenshaw Trust <https://www.youtube.com/channel/UCfrjZZrO08ud5b7p4Nf17pQ>
* [**BBC Teach lesson plans for secondary-aged young people**](https://www.bbc.co.uk/teach)Whether you're at home or at school, you can use BBC Teach for free. The website is home to thousands of free curriculum-mapped videos, arranged by age-group and subject.
* [**BBC Teach live lessons for secondary-aged young people**](https://www.bbc.co.uk/teach/live-lessons/secondary-live-lessons/zk9cwty)**-**Bring your subject to life with interactive lessons featuring some of the BBC's biggest brands and presenters.  Subjects include English, Maths, Science, PSHE and more

**Maths**

* [**White Rose Maths**](https://whiterosemaths.com/homelearning/) – Short video lessons and activities
* [**Third Space Learning**](https://thirdspacelearning.com/blog/home-learning-resources/) – Home learning packs for Maths
* [**Math Playground**](https://www.mathplayground.com/tb_multiplication/index.html)– Maths games and activities
* [**Splash Learn**](https://www.splashlearn.com/)– Skills-based maths games and activities
* [**Sheppard Software**](https://www.sheppardsoftware.com/math.htm) – Online maths games
* [**Top Marks ‘Hit The Button’**](https://www.topmarks.co.uk/maths-games/hit-the-button)–A great game for developing mental maths skills, ages 6- 11
* [**IXL**](https://uk.ixl.com/math)**–**Interactive maths question sets categorised by year group
* Programme of study for KS3 Maths and sample questions  <https://www.bbc.co.uk/bitesize/subjects/zqhs34j>

**English**

* Resources to provide you with creative teaching ideas and activities for your English class and inspire a love of reading- <https://www.teachitenglish.co.uk/ks3-reading>
* For revision [SENECA](https://www.senecalearning.com/) Learning is available for free for students and teachers. You can invite students to join classes or they can join themselves into any topic. SENECA covers some topics in KS3, KS4 and KS5, and a range of exam boards too. It is a revision resource so assumes the students will have had or will be having some input. You can also track students’ progress, time spent on topics and how well they are doing. This is a useful way to develop retrieval practise at home.
* English Mastery provide 12 weeks of downloadable activity workbooks for poetry and writing- <https://www.englishmastery.org/>
* The English and Media centre have a range of downloadable materials for use in KS3 and KS4- <https://www.englishandmedia.co.uk/publications/>

**History**

* For revision [SENECA](https://www.senecalearning.com/) Learning is available for free for students and teachers. You can invite students to join classes or they can join themselves into any topic. SENECA covers some topics in KS3, KS4 and KS5, and a range of exam boards too.
* [**BBC Bitesize resources**](https://www.bbc.co.uk/bitesize/subjects/zk26n39)
* [**Key stage history - Imaginative History teaching in Primary and Secondary schools**](https://www.keystagehistory.co.uk/)
* [**Teach It History skills**](https://www.teachithistory.co.uk/ks3)

**Geography**

* For revision [SENECA](https://www.senecalearning.com/) Learning is available for free for students and teachers. You can invite students to join classes or they can join themselves into any topic. SENECA covers some topics in KS3, KS4 and KS5, and a range of exam boards too.
* [**BBC Bitesize resources**](https://www.bbc.co.uk/bitesize/subjects/zrw76sg)
* [**Parents in Touch Geography resources**](https://parentsintouch.co.uk/Geography-KS3)
* [**Teach It Geography skills**](https://www.teachitgeography.co.uk/ks3all)

**Science**

* Century Tech provide online learning courses and assessments covering the key stage 3 and key stage 4 science curriculums. Options for either school or parent/pupil sign-up, and suitable for independent pupil use or teacher use-<https://www.century.tech/>
* The Institute of Physics (IOP) have a set of articles and resources designed to support teachers who are teaching remotely. Suitable for teacher use- <https://spark.iop.org/covid-19-support-schools-and-colleges>
* Isaac Physics has a range of online problem-solving activities and regular live video tuition to support teachers and students. The content focusses on physics but also covers some maths and chemistry. Suitable for independent student use or teacher use- <https://isaacphysics.org/>
* Kerboodle provide a bank of resources and assessments to support the latest AQA GCSE science courses. Core content will be relevant to all GCSE specifications but teachers using other awarding bodies may need to select appropriate resources. Suitable for teacher use- <https://www.kerboodle.com/>
* Royal Society of Chemistry (RSC) have collated a set of articles and resources designed to support teachers who are teaching remotely. Suitable for teacher use- <https://edu.rsc.org/remote-teaching-support>.
* STEM Learning an online resource bank listing quality-assured resources on external websites. The site features a live chat function offering support from subject experts. Main resource bank suitable for teacher use. New ‘home learning support for families’ section suitable for pupil/parent use- <https://www.stem.org.uk/resources/curated-collections/secondary-and-level-science-0>

**Drama**

A number of institutions such [The National Theatre](https://www.nationaltheatre.org.uk/nt-at-home) and the [RSC](https://www.rsc.org.uk/news/watch-rsc-shows-from-home) have allowed streaming of a number of their productions with suitability from KS2 onward. They also provide behind the scenes videos and materials related to performance.

BBC Bitesize also has some materials relating to musicals and acting which you can access here- <https://www.bbc.co.uk/teach/ks3-drama/zrjhcqt>

**Art and Design and DT**

* BBC Bitesize have a range of materials to suit different courses- <https://www.bbc.co.uk/bitesize/subjects/z8tnvcw> and <https://www.bbc.co.uk/bitesize/subjects/zfr9wmn>

**Music**

* BBC Bitesize have a range of lessons here: <https://www.bbc.co.uk/bitesize/subjects/zmsvr82>
* Oak Academy and Greenshaw Trust also have materials for Music

<https://www.thenational.academy/>

<https://www.youtube.com/channel/UCfrjZZrO08ud5b7p4Nf17pQ>

**Spanish**

* [**Teach It Languages grammar resources**](https://www.teachitlanguages.co.uk/ks3-spanish-skills/grammar/tags/3001)
* [**BBC Bitesize resources**](https://www.bbc.co.uk/bitesize/subjects/zfckjxs)
* [**Lightbulb languages worksheets and resources**](https://www.lightbulblanguages.co.uk/resources-sp-ks3-wks.htm)

**French**

* [**Lightbulb languages worksheets and resources**](https://www.lightbulblanguages.co.uk/resources-fr-ks3-wks.htm#hh)
* [**Frenchteacher.net learning pack**](http://www.kentchildrensuniversity.co.uk/Home%20French%20Learning%20Pack%20Y7%20(near-beginners)) (Year 7)
* [**Frenchteacher.net learning pack**](https://frenchteacher.net/samples/Y8/Y8learningpack.docx) (Year 8)
* [**Frenchteacher.net learning pack**](https://frenchteacher.net/samples/Y9/Y9learningpack.docx) (Year 9)

* Oak Academy and Greenshaw Trust also have materials for MFL   <https://www.youtube.com/channel/UCfrjZZrO08ud5b7p4Nf17pQ>

**PE**

* Seneca have digital revision materials focussing on the GCSE PE curriculum- <https://app.senecalearning.com/courses?Price=Free&Age+Group=GCSE&Subject=Physical+Education>
* #ThisIsPE have a number of videos delivered by teachers focussing on the PE curriculum which are accessible on YouTube- <https://www.afpe.org.uk/physical-education/thisispe-supporting-parents-to-teach-pe-at-home/>