

South Kent Community Resource Partnership Bulletin



Edition 7 – October 2020

Welcome to the South Kent Community Resource Partnership Bulletin

This bulletin aims to update partners with relevant and fast changing information, including partnership updates, new services and service updates, training and development, best practice, access to opportunities, funding, and resources. Please feel free to contact us on the details below if you would like to add information to a future edition.

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SERVICE & PARTNERSHIP UPDATES

Open Access Information Sessions at Buckland Children's Centre, Dover

Please find attached flyer for 1:1 Open Access Information Sessions that will be held at Buckland Children's Centre in Dover.



OA Information
sessions - flyer for p

These are 1:1 appointments for families with an Early Help Worker who can offer advice and support on a range of subjects including the following:

- Isolation support/signposting to other services
- Low level mental health support/signposting – coping with children and family stress
- Parenting support (children age 0-7 years) – Understanding children's behaviour/behaviour strategies/routines & boundaries (Solihull Parenting, Understanding You, Understanding Your Child)
- Financial support/signposting - Debt management/housing issues/Benefit advice
- Signposting to local and County SEND provision
- Support with Domestic Abuse/signposting to Local domestic abuse programmes/helplines and National helplines
- Strategies to support child development/play ideas and activities

- Support/signposting for children with low self-esteem, confidence and anxiety issues

All appointments must be booked in advance through Buckland Children's Centre on 03000 414941 or by emailing ccbuckwhit@kent.gov.uk

Access to FREE online Solihull Parenting courses

KCHFT Health Visiting have purchased the online Solihull Parenting Programmes, the 4 Courses include:

- Understanding pregnancy, labour, birth and your baby
- Understanding your baby aged 0-12 months
- Understanding your child aged 0-18
- Understanding your teenager's brain

The following link and password can be shared with families to be able to gain access. Solihull will record the number of courses accessed and provide data to KCHFT.

Go to www.inourplace.co.uk, apply the access code: Invicta, and register for an account

For more details about each course, please see attachment below:



Access to FREE
Online Solihull Pare

Kent's Integrated Children's Portal

KCC are pleased to advise a go live date of 12 October 2020 for its Portal (system for submitting Requests for support). For more details please see latest guidance:



Kent Portal Update
Oct 2020.docx

You can also find out more here [Integrated Children's Portal](#).

HomeStart Shepway Enhanced New Beginnings News

Funding from the Coronavirus Community Support Fund, distributed by The National Lottery Community Fund, has helped HomeStart Shepway (HSS) to continue to support women affected by domestic abuse.

On 1st October 2020 HomeStart Shepway's "Enhanced New Beginnings COVID-19 Project" was successful in receiving £47,127 for a further six months. The aim of this project is to develop individual pathways of support for women in the Folkestone & Hythe District whose lives are affected by domestic abuse by providing a comprehensive range of support and advisory services to meet their needs.

One to One support is the key to the service and the extended service will enable women to have the opportunity to access support groups/online/telephone support to overcome the adverse impact of the COVID-19 situation with specialist input from trained Domestic Abuse staff and volunteers.

HSS are expecting that need will focus on women's mental health, both because of the lockdown restrictions themselves and because of the additional pressure on the family where there is a history of domestic abuse. The key issues confronting the women are to cope with the pressure of lockdown, issues around child contact and isolation from support networks.

HeadStart Kent awarded additional year's funding

HeadStart Kent, a programme that has enhanced the mental health and well-being of young people in the county since 2016, has been awarded extra funding to continue its vital work for an additional year.

This week The National Lottery Community Fund, which has funded six HeadStart programmes in England since 2016, including the one led by Kent County Council, announced it was making an additional £8.7m available to allow the schemes to continue until 2022 rather than ending next year as originally intended. HeadStart Kent will receive £1,036,277 of this, bringing its total funding for the six years to £11,255,879.

HeadStart Kent works with schools to help them improve the support they offer pupils in terms of their mental well-being and offers staff training. It organises events and activities for young people such as online counselling and support, one-to-one mentoring, and training for staff in Youth Mental Health First Aid and Mindfulness. The programme also provides grants which can be used for developing young people's talents and interests, school and community projects, group activities for young people, and weekend residential events to build skills and confidence.

HeadStart Kent also has two websites – the Kent Resilience Hub (<https://kentresiliencehub.org.uk>), which offers support and advice for families, and MoodSpark (<https://moodspark.org.uk>), which was designed with and for children and young people in Kent.

Includes us 2 new family support service

Includes Us 2, in partnership with the charities For Us Too and Space 2 Be Me, is excited to announce the launch of a new Family Support Service, funded by the National Lottery. This new service aims to assist families of children who have a disability or SEN by providing a tailored package of support for up to 12 weeks. We will be sending out more information soon, but if you are a parent or carer interested in accessing this service, or an organisation who would like to refer a family, please complete the attached referral form or contact Nicola, our Family Support Officer, at familysupport@includesus2.org.uk or telephone– 07525 589321 for further information.



Family Support
Partnership Referral



The Family Support
Partnership.docx

Oasis Children's and Young People's Services

The following is a summary of Oasis's current CYP services – please also see attached referral form below:

1. iCan programme for boys age 13-16
2. Young Person's outreach: 1-1 mentoring for ages 7-25
3. Recovering Together programme for mothers and their primary school aged children, post domestic abuse

For all programmes Oasis adopt a combination of approaches, including face to face meetings, zoom, telephone, and walk and talk sessions.

- The iCan programme, in association with Headstart, focuses on male adolescents age 13-16 who are disengaging in their communities. This could be because they live, or have lived, in a home that lacks stability, have been traumatised by domestic abuse or have unhealthy relationships with their peers or families. This is a 1-1 and group-based programme (covid allowing) which aims to harness the strengths of young men so they can build a secure base for young adulthood.
- Young Person's outreach provides 1-1 mentoring to young people age 7-25 who have been impacted by domestic abuse.
- Recovering Together is a 12-week psychoeducational programme aimed at supporting mothers and their primary school-aged children post domestic abuse. The Recovering Together ambition is to increase individuals' self-esteem, confidence, and resilience through a deeper understanding of domestic abuse, allowing families to recover together. It aims to improve communication patterns and interpersonal dynamics within the family, reducing parental stress, supporting behaviour change in children, and creating a secure base for parenting adolescents. This is a trauma-informed programme seeking to improve understanding and management of trauma responses in children.



EIP REFERRAL
FORM.docx

Meals on the Hill – Deal

To find out more about a scheme to support families in the Mill Hill Ward in Deal struggling to put food on the table for their families, please see below:



Meals on the Hill
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INFORMATION, RESOURCES & TRAINING OPPORTUNITIES

Kent Adult Education releases new courses for 2021

Kent Adult Education is launching a new range of courses, with some being held at selected centres which have reopened in a COVID-19 safe environment. However, many of the courses, which begin in January, will be online and interactive, delivered in real time.

For information on which centres are currently open please visit:

www.kentadulthoodeducation.co.uk/about-us/news/the-following-centres-have-re-opened/

To browse the courses currently available please visit:

www.kentadulthoodeducation.co.uk/new-courses/

For more on this story please visit:

<https://kccmediahub.net/kent-adult-education-releases-new-courses-for-2021745>

Kent Community Safety Team Bulletin

Please see below the latest KCST Bulletin. Please be reminded this is not for the public domain.



Kent Community
Safety Team Bulletin

Kent & Medway Prevent Newsletter - September 2020

Sent on behalf of Laura Wright – Prevent Coordinator Kent and Medway – the September newsletter attached below:



Kent Medway
Prevent Newsletter 5

StreetGames - Safer Together Through Sport Week



StreetGames - Safer
Together Through S

A training and development programme of workshops and webinars designed for organisations already utilising the power of sport to tackle youth violence – or for organisations who are looking to work more in this space for their communities.

The workshops are FREE to attend – this suite of training will support organisations, both project managers and frontline staff, to work effectively to help young people to be healthier, safer, and more successful.

KEYNOTE: Tues 20th October: 1pm – 3:30pm

Post Traumatic Streets Disorder - Delivered by: Ray Douglas

For: Project Managers and All Coaches

BOOK NOW: Post Traumatic Streets Disorder Workshop

This training explores:

- The drivers and reasons for the increase in young people involved in Gangs, Youth Violence and County Lines
- The role of the Media.
- The models of prevention and exit – what works?
- The relationship between ‘Public Health v Criminal Justice’
- Understand the secure estate
- Identifying & Exploring the consequences of Gang Culture

HeadStart update

Here is an update about HeadStart opportunities for young people and staff. Please forward onto your teams as appropriate:

For young people

- The SpeakOut group for young people is now happening online. The group consists of a mixture of young people from Dover and Thanet districts who take part in games, wellbeing activities and develop their skills. The groups take place every 2 weeks on a Wednesday evening 5pm – 6.30pm (the next group will take place on the 7th October). I attach a poster and do contact Tromie who is the participation worker for Dover (Tromie-Lee.Dodd@kent.gov.uk) if you have any young people in mind to attend this group – we would love for some new members to attend!
- Talents and Interests grants of up to £500 per young person following a resilience conversation are still available. Find out more and apply here:

<https://kentresiliencehub.org.uk/schools-and-communities/supporting-young-people/talents-and-interests-grant/>

- Pay It Forward grants of up to £1000 are still available for a project led by young people to support others' wellbeing. Find out more and apply here: <https://kentresiliencehub.org.uk/schools-and-communities/participation/pay-it-forward-grant/>
- Volunteer Mentors and Intensive Mentors are continuing to work with young people either virtually or in school where possible and safe to do so. Find out more about the support they can offer young people on their websites: <https://ylf.org.uk/how-we-help/mentoring/headstart-mentoring/> and <https://salusgroup.org.uk/service/headstart-kent/headstart-kent-intensive-mentoring/>
- Kooth.com online support and counselling continues to be available for all 10 – 16-year olds in Kent: <https://www.kooth.com/>. The new lead worker for Kent is Jenny Fennessy jfennessy@kooth.com who can offer virtual presentations to staff or young people about the site.

For staff

- Using Whiteboard Fox with Young People (<https://whiteboardfox.com/>). Some creative Early Help workers have been using Whiteboard Fox to work directly with young people, including completing Resilience Conversations. This works in a similar way to the whiteboard on MS Teams, in that multiple users can make changes in real time, but Whiteboard Fox is more widely accessible and can be used with templates and forms as well. Attached is a How To Guide on using it for direct work with young people, and an image of the Resilience Conversation wheel which can be inputted straight into Whiteboard Fox ready to RAG rate red, amber, or green.
- HeadStart can currently offer staff training in Resilience Conversations and an Introduction to HeadStart Kent virtually. The introduction to HeadStart Kent training only takes about half an hour or so to deliver and covers key topics such as Kooth online counselling, Pay It Forward grants, and an overview of our website. The resilience conversation training is interactive and takes an hour to deliver. We can always combine the two – let us know if you or any team members would be interested in booking into this training.
- Youth Mental Health First Aid training is now available virtually for free (2 hours for key staff). This link: <https://www.maidstonemind.org/mental-health-awareness-via-zoom/> has all the information for staff to book on. The free one-hour introductory training is suitable for anyone over 16 (so can be shared with young people aged 16+ and parents/carers) this can be found

here: <https://onlinementalhealthtraining.co.uk/invited/>

- Mid-Kent Mind are also offering free virtual training on eating disorders, personality disorders and self-harm. You can find out more and book a space here: <https://www.maidstonemind.org/mental-health-awareness-via-zoom/>
- Lastly, the Kent Resilience Hub website contains plenty of resources and information. The Covid-19 section of the website contains guidance and support for young people, families, and schools:
<https://kentresiliencehub.org.uk/covid-19-resources/>

Expansion of education and training to all over 18s

The Prime Minister announced a major expansion of post-18 education and training to prepare workers for the post-COVID economy.

This includes a Lifetime Skills Guarantee to give adults the chance to take free college courses valued by employers. It also includes a new entitlement to flexible loans to allow courses to be taken in segments, boosting opportunities to retrain, and enhancing the nation's technical skills.

Find out more, click [here](#)

The Skills Toolkit, which provides free courses to help people learn new skills or get a new job, has also been expanded to more than 70 courses in digital, numeracy and employability or work-readiness courses.

Resources from NWG and The Marie Collins Foundation

Important booklet about Sexual Abuse online - [a parent's guide on how to help their child](#).

Important guide to address the [challenges professional's face when working with issues of online harm and young people](#).

Kent and Medway Violence Reduction Unit (VRU) newsletter

Please find the [Kent and Medway VRU autumn newsletter](#), which aims to give an update to staff on the work of the VRU. We focus on work amongst those aged under 25 who are either involved in or at risk of serious violence.

New Child Exploitation Tools and Guidance now available

The global pandemic Covid-19 has meant that there is an even greater risk of exploitation to children and young people online. Due to social distancing, many are spending more time on social media or chat platforms than ever before. It is therefore timely that new joint Child Exploitation Identification and Assessment tools have been created by Kent and Medway with partner agencies.

These replace the CSE toolkit previously used and incorporate all kinds of Child Exploitation. The two tools and guidance related to these can now be accessed for [Kent](#) and [Medway](#). There is also training and workshops available about the new tools for [Kent](#) and [Medway](#).

East Kent Partnership Bulletin Edition 4 - September 2020

Please see the [East Kent Partnership Bulletin Edition](#) - this comprises:

- Training and Personal Development Webinars
- Partnership Updates
- Support Service Updates
- Information and Resources.

FUNDING INFORMATION

Social Enterprise Kent are your Kent gateway for businesses that want to access funding

Social Enterprise Kent are your Kent gateway for businesses that want to access funding to employ young people through the national Kickstart Scheme.

Kickstart Kent can help your business to...

- Create jobs | Jobs must be additional jobs and for a minimum of 25 hours per week over six months
- Access funding | Government funding is available to support wage and employment costs for the new job
- Get support | We provide expert careers support helping the young person to progress in their career

Find out more and pledge to offer placements at www.kickstartkent.org.uk

Kent's gateway to the Government's national 'Kickstart Scheme'

The Kickstart Scheme is a £2 billion fund to create hundreds of thousands of high-quality, 6-month, work placements for young people. It was launched on the 8th July by the Chancellor as part of the 'Plan for Jobs'. Funding available for each job will cover the relevant National Minimum Wage for 25 hours a week, plus the associated

employer National Insurance contributions and employer minimum automatic enrolment contributions

To apply for funding directly you need to be offering more than 30 placements. This is not viable for many businesses in Kent and the surrounding area, so Kickstart Kent has been developed to help local businesses that need this support the most, to access it.

Please share with your contacts and visit www.kickstartkent.org.uk for more details.

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