

KENT COUNTY COUNCIL - ROAD SAFETY TEAM

YOUNG DRIVER COURSE – Year 12 and 13.

SESSION 1 - *Driving and Seeing*

Session summary:

To provide students with understanding as to crash causation. With young drivers featuring as the most likely demographic to be involved in a crash on the road, we explore hazard perception, limitations to our vision and how this can impact on our judgement. We show students, that although we all see the same thing, we can interpret it differently, realising there is a difference between looking and seeing. We consider distractions and require students to participate in consolidation activities.

SESSION 2 - *Speed and Force*

Session summary:

To give students an idea of how speed relates to stopping distance. We look at the limitations of grip, road surface wear and how the surface will change with the elements. The students review the seatbelt rules in their car and how the unrestrained passenger affects their safety.

SESSION 3 - *Impairment*

Session summary:

To discuss how alcohol and drugs can impact upon awareness and how impairment can affect driving. We investigate how drugs and alcohol will influence emotions, vision, coordination and thinking. Exploring the legislation and police roadside checks, we provide students with some myth busting information and the consequences of driving whilst impaired.

SESSION 4 - *Impulse and Control*

Session summary:

To help students appreciate potential risks and problems when driving. We discuss the main factor (human error) in the cause of crashes, and how emotions impact on impulse and behaviours when we drive. We study crash scenarios and discuss how the emotional state of the driver has influenced the decision making – which led to a negative consequence.

Admin

Virtual sessions are around 30 minutes, but there are opportunities to extend this using extension activities.

We just need to schedule links with you and seek completion of pre & post surveys.

It is up to school as to how you wish to access the programme (1 or 2 a week or all on a drop-down day).

For information on booking contact **Lorna.smith@kent.gov.uk**