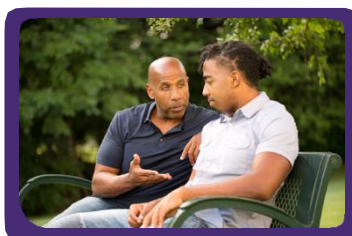


Trauma Informed Practice Development Programme for professionals in Kent who work with adolescents

**An invitation to attend a free half-day workshop
to learn about trauma and how it impacts young people and those around them**



Trauma

Developmental trauma limits a young person's ability to regulate stress, impulse and shame. For these young people the world is a hostile and frightening place and they behave in ways that challenge, confuse, frustrate, threaten and even harm those around them.

This NHS funded initiative is led by the Kent Youth Justice and Early Help services. It forms part of the KCC and Academy of Public Health strategy to develop trauma-informed approaches in Kent. We aim to develop trauma informed practice across the county for practitioners and leaders working at the front line with children and young people.

The Workshop

You are invited to attend a half-day workshop delivered by our training partner, KCA. The workshop is around: **Understanding Trauma: Recognising indicators, responding to needs**

This is a certificated workshop with optional follow-up e-learning exploring key issues in working with young people who are living with developmental trauma. Completion of the workshop and e-learning will provide participants with 13 hours of CPD.

This is an opportunity for us all to develop our knowledge and skills and find new ways of working together to impact positively on the life chances of the most vulnerable and traumatised children and young people in our communities.

The workshop will run twice in each District in Kent between June and November 2019. The workshop is free to professionals who work with adolescents. For more information and to book your place, use this link:

<https://kca.training/register.cfm?form=kent-tip-half-day-workshop>

Workshop Details for June.

10th June 2019 – Inn on the Lake, Gravesend – 1pm-4pm
11th June 2019 – Oakwood House, Maidstone – 1pm-4pm
12th June 2019 – Coniston Hotel, Sittingbourne – 1pm-4pm
13th June 2019 – Ashford International Hotel, Ashford – 9am-12pm
14th June 2019 – Trinity Resource Centre, Margate – 1pm-4pm

There will be no workshops over the Summer holidays. Dates for workshops in all districts between September and November will be published once agreed with the trainers.

*“Knowledge can be transformative.
When it enables us to make sense of the world in new ways, we can begin to act in
new ways, and we can change the world.”*

Kate Cairns