

The Hub is live!

The brand new [HeadStart Kent Resilience Hub](#) is the “go-to” site for everything to do with emotional wellbeing and resilience of young people with a wealth of information and resources. It includes sections for young people, parents and carers and people working in schools and communities. It has been coproduced with HeadStart’s Speak Out young people members along the way. The young people have also been involved in the production of key animations about the programme and the [Domains Based Conversation tool](#), which all feature on the Hub.

We ask that you visit the hub and provide feedback so that we can continue to update, and improve it for all.



Our new HeadStart Districts

We are pleased to announce as of September 2017 we are now operating in Ashford, Canterbury and Shepway. These areas join Gravesham and Swale in benefitting from designated teams supporting the implementation of the programme, promotion that ‘Every Conversation Counts’ and actively supporting young people both with their emotional resilience, and their contribution to co production for the programme. Training is available for people across schools and communities working with 10-16 year olds.

A full list of [schools](#) working with HeadStart Kent as well as [resources](#) are available on the Resilience Hub.

Did You Know?

HeadStart Kent offers a range of resources through the Resilience Hub that are available for use countywide. **You do not have to be working within a HeadStart Grouping to benefit from the programme.** Some charges may apply for training. Visit the Hub to find out more, or contact the team direct.

Registration Open

The annual young peoples Big Conversation will take place on the 21st March 2018 at Kent Event Centre. This day long event is open to schools and community groups, who can bring up to four young people and will feature a range of workshops, and a Q and A session with health experts. You can register your interest now by contacting Sadie.Williams@Kent.gov.uk.

Every Conversation Counts

Our County Stakeholder Event on 17 October was very well received. See videos of all the brilliant speakers by clicking below.

[Roger Gough](#) provides an introduction HeadStart [Emma Ackerman](#) explains the national picture

[Sarah Thornby](#) walks through the resilience hub [Dr Saqib Latif](#) on mental health causes and solutions

[Jamie Byham](#) having a domains conversation [Jo Tonkin](#) our emotional wellbeing strategy

[Young people interviewed by Stuart Collins](#) on what a good service looks like

2016/17 Wellbeing Measurement Framework Survey

Around 10,000 Kent young people Years 7 and 9 recently completed a survey as part of our national research. Results indicated strengths for both Year 7 and Year 9 students in the areas of goal setting, empathy, support at home, peer support and community support. Results also indicated that Year 7 students appear to experience good emotional wellbeing than Year 9.

Students eligible for free school meals or with a statement of Special Education Need were significantly less likely to report good wellbeing. Males were more likely report poorer wellbeing in comparison to females. A high proportion of students reported attention difficulties. Year 9 males scored significantly better for emotional difficulties, managing emotions, coping with stress, goal setting and participation in community, in comparison to females.



Young people from organisations like youth groups, clubs and schools can apply for a grant of up to £1000 assessed by young people. This month, 17 *Pay It Forward* grants were approved. The next round of funding will be open soon. Contact HeadStart@kent.gov.uk for further details

Everything you want to know about HeadStart Kent ...

We have developed information sheets to help answer your questions. Follow the links below to documents. Any other questions, please direct them to HeadStart@kent.gov.uk.

[FAQ for Schools](#)

[Overview of HeadStart Kent](#)

[FAQ for VCS](#)

[Glossary of terms](#)

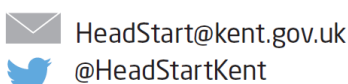
[FAQ for Early Help](#)

[Background to HeadStart Kent](#)

[Mechanisms & Evidence Base of HeadStart Kent](#)

[Information on the Evaluation of HeadStart Kent](#)

... and finally a merry Christmas and a happy new year to you from your HeadStart Kent Team



You can find out more about the project by visiting our website www.HeadStartKent.org.uk

