

Trauma Informed Practice Development Programme for professionals in Kent who work with young people

**An invitation to attend a free half-day workshop
to learn about trauma and how it impacts young people and those around them**



Trauma

Developmental trauma limits a young person's ability to regulate stress, impulse and shame. For these young people the world is a hostile and frightening place and they behave in ways that challenge, confuse, frustrate, threaten and even harm those around them.

This NHS funded initiative is led by the Kent Youth Justice and Early Help services. It forms part of the KCC and Academy of Public Health strategy to develop trauma-informed approaches in Kent. We aim to develop trauma informed practice across the county for practitioners and leaders working at the front line with children and young people.

The Workshop

You are invited to attend a half-day workshop delivered by our training partner, KCA. The workshop is around:

Understanding Trauma: Recognising indicators, responding to needs

This is a certificated workshop with optional follow-up e-learning exploring key issues in working with children and young people who are living with developmental trauma. Completion of the workshop and e-learning will provide participants with 13 hours of CPD.

This is an opportunity for us all to develop our knowledge and skills and find new ways of working together to impact positively on the life chances of the most vulnerable and traumatised children and young people in our communities.

Fully funded, the workshop will run twice in each District in Kent between May and November 2019. For more information and to book your place, use this link:

<https://kca.training/register.cfm?form=kent-tip-half-day-workshop>

Workshop Details

- 7th October 2019 – Holiday Inn Maidstone - Sevenoaks – 9am-12pm
- 8th October 2019 – Best Western Dover Marina, Dover – 1pm-4pm
- 9th October 2019 – Hythe Imperial, Hythe – 9am-12pm
- 14th October 2019 – Mercure, Tunbridge Wells, Tunbridge Wells – 9am-12pm
- 16th October 2019 – Mercure Brands Hatch, Dartford – 9am-12pm
- 17th October 2019 – Hadlow Manor, Hotel, Tonbridge – 9am-12pm

*“Knowledge can be transformative.
When it enables us to make sense of the world in new ways, we can begin to act in
new ways, and we can change the world.”*

Kate Cairns