

Dear early years and childcare providers

Please find below latest government updates for yourselves and for your families.

### **Government Updates for the Sector**

[How your trading conditions affect your eligibility for the Self-Employment Income Support Scheme](#) 24 November

First published: find out what we mean by reduced demand or temporary closure and read examples of how this could affect your eligibility.

[Check if you can claim a grant through the Self-Employment Income Support Scheme](#) 24 November

If you're self-employed or a member of a partnership and have been impacted by coronavirus (COVID-19) find out if you can use this scheme to claim a grant. This page has been updated with the information for the third grant of the Self Employed Income Support Scheme.

[Staying mentally well: winter plan 2020 to 2021](#) 23 November 2020

First published: the government's plans to support people's wellbeing and mental health during the COVID-19 pandemic this winter. This includes working at home, supporting those around you and where to seek help.

[COVID-19: mitigation of risks in occupational settings with a focus on ethnic minority groups](#)

First published: this is a consensus statement from PHE, Faculty of Occupational Medicine (FOM) and Health and Safety Executive (HSE) on how best to mitigate occupational risks, and specifically the known disproportionate impact of COVID-19 on ethnic minority groups.

### **Government Updates for Families**

[Making a Christmas bubble with friends and family](#) 24 November

First published: this document gives advice about the 'Christmas bubble'. It gives clear explanations about informal childcare (friends and family) you may be using during this time and how this affects your bubble along with other information to guide decisions over the festive period in order to keep friends and family safe.

[Staying mentally well: winter plan 2020 to 2021](#) 23 November 2020

First published: the government's plans to support people's wellbeing and mental health during the COVID-19 pandemic this winter. This includes working at home, supporting those around you and where to seek help.