



CYCLOTUTOR IS ALL ABOUT FUN

The CycloTutor programme is run by British Cycling qualified coaches, all the sessions for Learn to Cycle and Cycloskills focus on the element of fun through structured games. Our aim is for the riders to learn and reach their fullest potential whilst having heaps of fun.

EQUIPMENT

All the CycloTutor programmes are designed to run at the park where we provide all the necessary resources and equipment to ensure the workshop or course sessions run safely and smoothly.

LOCATION

It is possible for CycloTutor options one to four to be delivered in your school. Your children would learn on their own

bikes and wear their own helmets. We do, however strongly, recommend attending CycloTutor Programmes at the park where the children benefit hugely from our purpose built resources and the range of cycles.

FIND OUT MORE

Whatever your requirements a tailored programme can be developed, both programmes are flexible and can be adapted to suits your school needs. You may just require some fun or an alternative activity for your sports themed weeks.

Get your pupils pedalling with CycloTutor today by contacting Paul Panton. Call 01474 831400 or email paul.panton@cyclopark.com



cyclopark®

GET YOUR SCHOOL CYCLING WITH...

CYCLOTUTOR

CYCLING ACTIVITY FOR PRIMARY SCHOOLS

CycloPark is pleased to announce 'CycloTutor,' an initiative developed specifically for primary schools with the aim to get more children active and enjoying the freedom of cycling

CHILDREN LOVE CYCLING, IT'S FUN, FAST AND GIVES THEM FREEDOM!

CYCLOTUTOR OPERATES TWO PROGRAMMES:

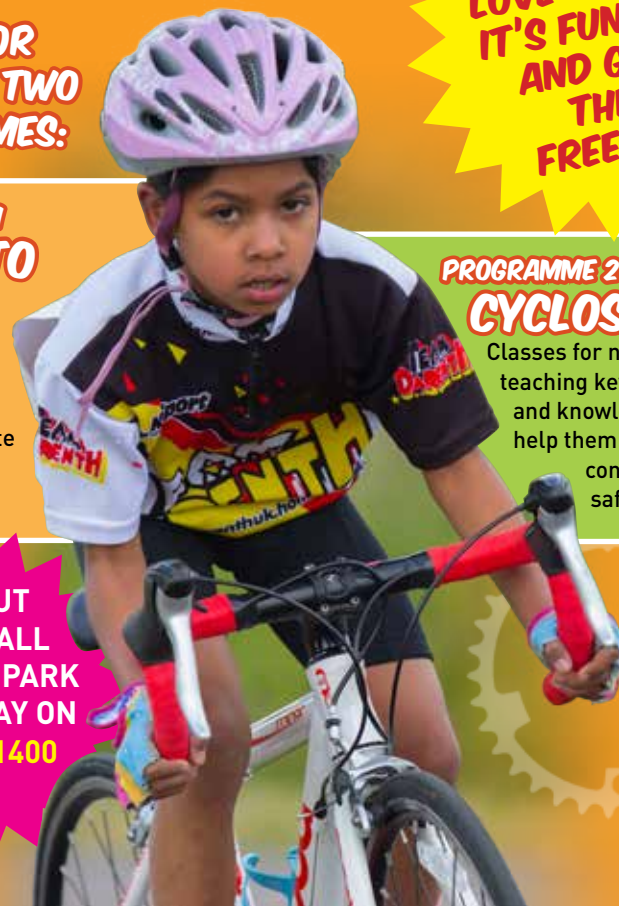
PROGRAMME 1 LEARN TO CYCLE

Classes for five years plus, great for children not quite ready to ride on two wheels.

PROGRAMME 2 CYCLOSKILLS

Classes for new riders, teaching key skills and knowledge to help them become confident and safe cyclists.

FIND OUT MORE! CALL THE CYCLOPARK TEAM TODAY ON 01474 831400



WHERE TO FIND US: THE TOLLGATE, WROTHAM ROAD, GRAVESEND, KENT DA11 7NP

CHOOSE FROM ONE OF THE SIX CYCLOTUTOR OPTIONS

OPTION

1

LEARN TO CYCLE WORKSHOP

The workshop introduces and teaches the basic, but necessary cycle control skills to ensure a child can get on, pedal, balance, steer and stop.

DURATION: 90 minutes

PRICE: £5 per rider, minimum payment of £75 (includes equipment hire)



cycloPark®

ORGANISING A SCHOOL OUTING IS NO EASY TASK!

At CycloPark we tick all the boxes. We provide safe and healthy fun.

Contact us to find out more on
01474 831400

NUMBER OF STUDENTS:

Maximum 2 groups of 15 riders

OPTION

2

LEARN TO CYCLE EXPERIENCE

The course provides three individual coaching sessions ensuring the children successfully master the basic, but necessary cycle control skills. In the final session we introduce road skills necessary to ride on quiet low traffic

condition/cycle paths. Covers starting off, stopping, right and left turns.

DURATION: 3 week course 90 minutes per session per week

PRICE: £15 per rider, minimum payment of £225 (includes equipment hire)

NUMBER OF STUDENTS:

Maximum 2 groups of 15 riders

OPTION

3

CYCLOSKILLS WORK SHOP

The workshop introduces and teaches: bike set up, gears, brakes, positioning, balance, going up and downhill, cornering and a few tricks.

DURATION: 90 minutes

PRICE: £5 per rider, minimum payment of £75 (includes equipment hire)

NUMBER OF STUDENTS:

Maximum 2 groups of 15 riders

OPTION

4

CYCLOSKILLS EXPERIENCE

The course provides three individual coaching sessions. The first two session focus on bike set up, gears, brakes, positioning, balance, going up and downhill, cornering and a few tricks. For the last one-hour session we run the CycloTutor Race Challenge, where pupils get to try out their new

bike handling skills and have the chance to experience the thrill of bike racing.

DURATION: 3 week course 90 minutes per session per week

PRICE: £15 per rider, minimum payment of £225 (includes equipment hire)

NUMBER OF STUDENTS:

Maximum 2 groups of 15 riders

OPTION

5

CYCLOSKILLS ULTIMATE WORKSHOP

For the more confident riders this session will provide an introduction to one of the following disciplines; choose from BMX, Mountain Biking and Road. It is a practical workshop where pupils have a fun, safe, stage-appropriate experience, focusing on developing their cycling skills, which are transferable across all cycling disciplines.

DURATION: 90 minutes

PRICE: £5 per rider, minimum payment of £75 (includes equipment hire)

NUMBER OF STUDENTS:

Maximum 2 groups of 15 riders

PLUS CYCLOTUTOR ASSEMBLY FREE!

We also offer the opportunity for one of our British Cycling coaches to visit your school and talk to your group during a class or assembly about cycling and how to become a safe and confident cyclist.

OPTION

6

CYCLOSKILLS ULTIMATE EXPERIENCE

Weeks one – four, students will experience all three cycling disciplines, a different discipline each week. One week will be classroom based, which focuses on bike maintenance, where students learn about their bike and essential basic bike mechanic skills. The final week students compete in a CycloTutor Race Challenge, a key element to the

programme, where the young riders have the opportunity to race on the dedicated cycling circuits.

DURATION: 6 weeks, 90 minutes per session per week

PRICE: £30 per rider, minimum payment of £450 (includes equipment hire)

NUMBER OF STUDENTS:

Maximum 2 groups of 15 riders