

BMX RACING

One of the most exciting forms of cycle sport - both to watch and take part in. It's highly technical and requires strength, nerve and tactical ability. Students will ride the park's world-class track.



MOUNTAIN BIKING

Simply explained it's riding bicycles off-road, often over rough terrain. The sport requires fitness, bravery and amazing bike control at thrilling speeds. Students will get to explore the park's 6km of trails.



ROAD RACING

The oldest form of cycle sport. Road racing demands great endurance, bike handling, skill and tactical know-how. Students will test their speed on the park's traffic free 2.5km circuit.



CYCLOACADEMY IS ALL ABOUT THE FUN OF THE SPORT

The CycloAcademy programme is run by British Cycling qualified coaches, all the sessions focus on cycling as a sport, racing is a superb way for children to have fun, make friends, keep fit and healthy, learn new skills, increase their self-esteem. Our aim is for the riders to learn and reach their fullest potential whilst having heaps of fun.

EQUIPMENT

All CycloAcademy programmes are run at the park and we provide all the necessary resources and equipment to ensure the workshop or course sessions run safely and smoothly.

FIND OUT MORE

Whatever your requirements a tailored programme can be developed, all programmes are flexible and can be adapted to suit your school needs.

Get your pupils pedalling with CycloAcademy today by contacting Paul Panton. Call 01474 831400 or email paul.panton@cyclopark.com



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**WHERE TO FIND US: THE TOLLGATE, WROTHAM ROAD,
GRAVESEND, KENT DA11 7NP**



CYCLOACADEMY

**Cycling is now one of the world's leading sports,
it's exciting and exhilarating, which can be enjoyed
at both competitive and recreational levels**

CycloPark has developed a new secondary school programme 'CycloAcademy' to inspire and encourage young people to participate in a range of cycle sports, which includes BMX, Mountain Biking and Road. The aim of the CycloAcademy programme is to provide an insight and opportunity into the sport.



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CHOOSE FROM ONE OF THE FIVE CYCLOSPORT PROGRAMME OPTIONS:

OPTION 1

CYCLOACADEMY WORKSHOP

DURATION: 90 Minutes

This session will provide an introduction to one of the following disciplines; choose from BMX, Mountain Biking or Road. It is a practical workshop where students have a fun, safe, stage-appropriate experience, focusing on developing basic cycling skills, which are transferable across all cycling disciplines.

PRICE: £5 per rider (minimum payment of £75) Includes equipment hire

NUMBER OF STUDENTS: Maximum of 30 riders in two groups of 15 (Note, larger groups can be catered for by arrangement)

OPTION 2

CYCLOACADEMY ACTION PACK

DURATION: 4 Hours

The session will provide introductions to the bike and basic skills of two selected cycling disciplines, the disciplines include a choice of BMX, Mountain Biking or Road. The session will also include a CycloAcademy Race Challenge, where pupils get to try out their new bike handling skills and have the chance to experience the thrill of bike racing.

PRICE: £17.50 per rider (minimum payment of £262.50) Includes equipment hire

NUMBER OF STUDENTS: Maximum of 30 riders in two groups of 15 (Note, larger groups can be catered for by



OPTION 3 CYCLOACADEMY RACE EXPERIENCE

DURATION: 6-week course, 90 minutes per session

Weeks one – four, students will experience all three cycling disciplines, a different discipline each week. Week 5 will be classroom based, which focuses on bike maintenance, where students learn about their bike and essential basic bike mechanic skills. The final week students compete in a CycloAcademy Race Challenge, a key element to the programme, where the young riders have the opportunity to race.

PRICE: £30 per rider (minimum payment of £450) Includes equipment hire

NUMBER OF STUDENTS: Maximum of 30 riders in two groups of 15. (Note, larger groups can be catered for by arrangement)

**TEACHERS
GET ON
YOUR BIKE!**

CYCLING FOR SCHOOLS

With the support of British Cycling we can also offer one free 'Cycling for Schools' coach education place, worth £95, to schools that complete the six week course.

OPTION 4

GCSE PHYSICAL EDUCATION CYCLING MODULE

DURATION: 2 Days, 3 hours per day

The cycling GCSE module supports the GCSE Physical Education qualification. At the park we offer and follow the curriculum set by examining boards Edexcel and AQA.

PRICE: £20 per rider (minimum payment £300)

NUMBER OF STUDENTS: Maximum of 15 children

OPTION 5

CYCLOACADEMY ASSEMBLY

FREE!

We also offer the opportunity for one of our British Cycling Coaches to visit your school and talk to your group during a class or assembly about the sport and the ways they can get involved.



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ORGANISING A SCHOOL OUTING?

This is no easy task! At CycloPark we tick all the boxes – we provide safe and healthy fun
Contact us to find out more on 01474 831400