

What we need from you and your family

We want to hear your story and understand your strengths. With your permission, we can share this with a group of professionals to explore what support might be best for you. We are here to help you find the right support for your mental health and wellbeing.

Once you decide, we will support you to access that support..

How to get in touch

If you want to learn more or have any questions, speak to your worker or contact us directly:



Kmicb.cyppartnershipforum@nhs.net

For young people and their families - helping you find the right support.



Kent and Medway



Your voice, your support

(Triple D and S)

We are a group of professionals who work together to use your information to help improve your emotional wellbeing and mental health.

If you are getting help but things aren't improving for you, we are here to think creatively about what else could be offered to help you feel better.



Why this is important

If your emotional wellbeing or mental health hasn't been improving, we can look at what other support might help you.

That's why we need to understand your experiences. Your voice matters, and your consent is important.

How it works

● Discuss

A team of professionals will talk about what you are going through, what support you have tried, and how it has helped.

● Decide

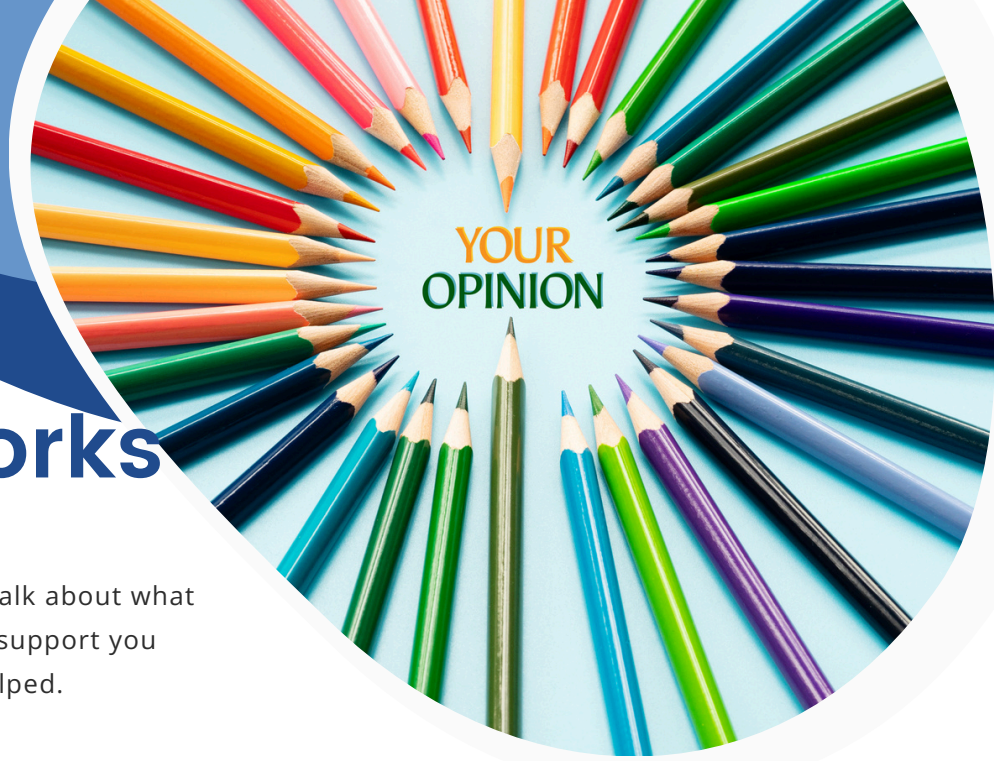
Together, we will consider different support options. You and your family will have a say in what feels right for you.

● Do

Once ideas have been agreed, you will have an opportunity to talk about it with your worker and decide what happens next.

● Safety

No decisions will be made without your permission (unless there's a safeguarding concern). Everything is centered around you and your recovery.



Your voice matters

Since this is a new service, we'd love to hear your feedback! Tell us how useful the ideas were and if they helped you feel better. Your feedback helps us improve for others.

E-mail

Kmicb.cyppartnershipforum@nhs.net

"I think this is really good because sometimes if one thing isn't working, it's good to have other options" - young person

