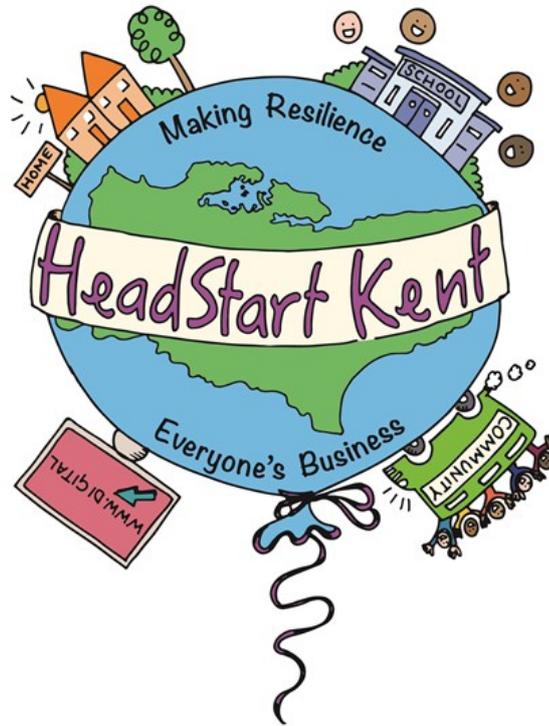


HeadStart Kent News

February 2017



Welcome to the HeadStart Kent Newsletter for Phase 3. The Big Lottery Fund has awarded Kent County Council £9.98 million to support young people's emotional wellbeing and resilience over the next 5 years. HeadStart Kent will deliver within Groupings across nine districts and will focus on young people's time at school, their family life, their wider community and the digital world. Visit our KELSIs pages to find out more:

www.kelsi.org.uk/headstart

Groupings

Swale: The HeadStart schools in Swale have been agreed and they have been testing the Resilience Toolkit. Domains Based Conversations around resilience have been taking place, as well as Domains activities, with Swale young people. The team continues to engage local community organisations.

Gravesham: The team are working locally to initiate the project in the Gravesham Grouping, linking with agreed HeadStart schools, youth councils, voluntary organisations, and Early Help.

Coproduction

Young people have been involved in designing the Resilience Hub, contributing ideas to the layout and feel of the Hub. HeadStart young people attended a weekend Residential at Kent Outdoor Centre, where they took part in outdoor activities, workshops on meditation and resilience and being a HeadStart representative. Young people have renamed the Shadow Board to 'Speak Out @ HeadStart Kent'. If any young people would like to get involved with coproducing HeadStart, please email us.

Training & Resources

Visit www.kelsi.org.uk/headstart and navigate to the Documents page, where you will find the Resilience Toolkit (a self-assessment for schools to assess resilience) and the Peer Mentoring Toolkit, which has been designed for any organisation working with young people to enable them to set up and embed a peer mentoring support programme.

Coming up next month: Annual HeadStart Kent Big Conversation Event, 29th March 2017. If you would like more details on this event and know any 13–18 year olds who would like to attend, please email us.

W: www.headstartkent.org.uk

W www.kelsi.org.uk/headstart

E: headstart@kent.gov.uk

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