

Below, are the bite size trainings recorded on various topics to provide a short introduction to any member of staff who are working in health, care, education and VSCE's in NHS Kent and Medway ICB area. Thank you to all the presenters who gave their time to prepare and record the trainings.

	Video topic	Presenter	Duration	Link to training
	<b>Bite size - 2023</b>			
A	Making reasonable adjustments	Lesley Taylor, Project Manager NHS Kent and Medway Children's Commissioning team	31 minutes	<a href="https://vimeo.com/883236406?share=copy">https://vimeo.com/883236406?share=copy</a>
B	Disordered Eating.	Dr Annie Cardinal, Consultant Clinical Psychologist and Strategic Lead and Aimee Flannagan, Assistant Psychologist for the Kent and Medway All Ae Eating Disorder Service.	21 Minutes	<a href="https://vimeo.com/883228281?share=copy">https://vimeo.com/883228281?share=copy</a>
	<b>Bite size - 2022</b>			
1	Managing suicidal ideation and self-harm	Sarah Richards, Project Lead & Joy Wright, CEO, Emerge Advocacy Service	23 minutes	<a href="https://vimeo.com/728873625/d0a4e2ccf9">https://vimeo.com/728873625/d0a4e2ccf9</a>
2	Eating disorders and refeeding syndrome	Dr Annie Cardinal, Clinical Lead & Sara Boorman, Head of Service, for Kent and Medway's All Age Eating Disorder Service	16 minutes	<a href="https://vimeo.com/728872308/d787e85e6c">https://vimeo.com/728872308/d787e85e6c</a>
3	Sexuality and gender identity	Graysen Whittaker, LGBT+ Service Development Manager for Porchlight's The BeYou Project	9 minutes	<a href="https://vimeo.com/manage/videos/728881429/42bdf15839">https://vimeo.com/manage/videos/728881429/42bdf15839</a>
4	Emotional dysregulation / emerging personality disorder	Rachel Hussey, Clinical Lead for NELFT's Children and Young People's Mental Health Service and Young Person's Wellbeing Service	23 minutes	<a href="https://vimeo.com/728872892/f0ed9285c2">https://vimeo.com/728872892/f0ed9285c2</a>
5	Approved Mental Health Practitioner role and Mental Health Assessments	Emma Farrow, Advanced Mental Health Practitioner for Kent County Council	24 minutes	<a href="https://vimeo.com/728884220/3cbdcddde0d">https://vimeo.com/728884220/3cbdcddde0d</a>
6	Needs of Looked after Children and Unaccompanied Asylum Seeking Children	Paul Haith, Deputy Designated Nurse for Looked after Children & Roxanne Hills, Designated Nurse for Looked after Children, Kent and Medway CCG	18 minutes	<a href="https://vimeo.com/manage/videos/728881855/11837337b4">https://vimeo.com/manage/videos/728881855/11837337b4</a> Please note Roxanne Hills has been miss labelled. Roxanne works for NHS Kent and Medway ICB.
7	Suspected or diagnosed traits of Autism and/or ADHD	Yvonne Norley, Assistant Director of Pathways (Crisis & Complex Care), Kent and Medway CCG	30 minutes	<a href="https://vimeo.com/728873269/24b0b68224">https://vimeo.com/728873269/24b0b68224</a>
8	Provider Collaborative Tier4 bed.	Nina Marshall, Programme Manager for the Kent, Sussex and Surrey Provider Collaborative	12 minutes	<a href="https://vimeo.com/728873521/29c032e640">https://vimeo.com/728873521/29c032e640</a>

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