

East Kent Partnership Bulletin

October 2020 – Edition 5



Welcome to Edition 5 of the East Kent Partnership Bulletin

Please feel free to contact us on the details at the end of this bulletin if you would like to add information to a future edition.

Partnership Updates

Local Children's Partnership Groups (LCPGs) – District Directory of Services
Canterbury and Thanet [Local Children's Partnership Groups](#) (LCPGs) highlighted the need for a district directory of services, to make it clearer and more accessible for partners to be able to effectively signpost and refer families to appropriate support. We do hope you find these useful. They are a work in progress so do contact Jenny Hanna, jenny.hanna@kent.gov.uk if you wish to add or amend a service (see below for October 2020 - Version 2).



Canterbury
Directory of Services



Thanet Directory of
Services October 2020

Kent Safeguarding Children's Multi-Agency Partnership (KSCMP) – Newsletter October 2020

The key topics included are:

- Updates from the Child Safeguarding Practice Review Panel
- Children and Young People's Mental Health
- New Kent and Medway Child Exploitation Tools
- Sexual and Reproductive Support for Vulnerable People during Covid-19
- Barnardo's See, Hear, Respond Hub
- Safeguarding during Covid-19 for Faith Groups
- KSCMP and West Kent Mind online courses



October 2020
Bulletin.docx

KSCMAP – New Child Exploitation Identification and Assessment tools

New joint Child Exploitation Identification and Assessment tools have been created by Kent and Medway with partner agencies (which replace the CSE toolkit previously used) and incorporate all kinds of Child Exploitation.

The two tools and guidance related to these can be accessed here:

<https://www.kscmp.org.uk/guidance/exploitation> for Kent.

There are also [training/workshops](#) available about the new tools.

Kent and Medway Violence Reduction Unit (VRU) – Autumn newsletter

The [Kent and Medway VRU autumn newsletter](#) provides an update on the work of the [VRU](#). The focus of their work is with young people aged under 25 who are either involved in or at risk of serious violence.

Prevent – September 2020 Newsletter

The [latest Education newsletter from the Prevent Team](#) is now available.

Kent Community Safety Team (KCST) – Bulletin

The latest KCST Bulletin.



Kent Community
Safety Team Bulletin

Training and Personal Development Webinars – For Families and Practitioners

We Are With You in Kent Young Person's Service - Professionals Forum

An interactive professionals Forum/webinar is being held on 6 November 2020 10:00–11:30am to examine the trends and safeguarding issues that have been shared by young people, partner services and experts during the past six months in relation to drugs and alcohol during this unprecedented time. To book a place: [Eventbrite](#).

OpenLearn – Understanding Autism – free course

The free course [Understanding Autism](#) from OpenLearn introduces the autism spectrum, how it is experienced by different individuals and families, and why it is a global concern. The course explains how ideas about autism have evolved and explores diagnosis, causes, intervention and life-span development. Widely varying perspectives on autism are illustrated and key societal and cross-cultural issues highlighted.

Victim Focus – Caring for yourself after sexual violence – free virtual course

This [Caring for yourself](#) course is written in modules and presented by Dr Jessica Taylor, Psychologist and Founder of Victim Focus. It is available to anyone who has been subjected to sexual violence in childhood or adulthood. It is delivered through videos which learners can work through at their own pace and a pdf copy is also available to download and print for those who prefer. Topics include “exploring how you care for yourself and process your own memories and feelings about being abused, raped, trafficked, exploited or assaulted”. Individuals are encouraged to consider the support mechanisms around them whilst undertaking this personal development course.

CCSP webinars – Protect your child

A reminder that you can access all the Canterbury Community Safety Partnership (CCSP) “Protect Your Child” recorded webinars aimed at parents and partners

concerned about protecting young people from the risks of exploitation both online and in the community via [youtube here](#).

Kent Adult Education - new courses January 2021

Kent Adult Education is launching a new range of courses, with some being held at selected centres which have reopened in a COVID-19 safe environment. However, many of the courses, which begin in January, will be online and interactive, delivered in real time. For information on which centres are currently open visit [Adult Education](#). You can also browse the courses [currently available](#).

Support Service Updates

Christian's Against Poverty – Kick Start course Thanet

A free 9-week course from CAP, designed to help families get back on their feet. Covering topics such as money, loss, finding work and well-being. It is designed to open up conversations and support those who are struggling during the pandemic. Onward referrals and signposting will be provided to support families in more depth. Delivered on-line or face-to-face at the Corner, Ramsgate.

Starts Tues 20th October either 13:30 - 14:30pm or 19:30 - 20:30pm. To sign-up and for information, contact: Amy 07398 132272 / AmyShatliff@capuk.org or see [Kick Start Thanet](#) on Facebook.



FEGANS – Parenting Support Thanet

FEGANS are pleased to announce they have received funding from the National Lottery to provide their “Parenting support” for free to Thanet families for a 6-month period. The support is delivered by a locally recruited, trained and experienced Parent Support Worker or Volunteer. All workers have been trained in our evidence-based programme of support and are able to work 1-to-1 with families, or in a group. Referrals for families can be made by schools, Early Help, church workers or any other agencies who are involved with the family. Parents can also self-refer. The programme is flexible, according to the family’s needs. FEGANS will work with a family for between three to eight sessions, via 1-to-1 intensive support, looking at building relationships, understanding causes of behaviour and identifying techniques to help. Face to face support can be offered at The Corner in Ramsgate or via Zoom. If appropriate, we can also offer a further six weeks of group work, introducing friendships and support with other parents, and consolidating the work done individually. The FPS programme is designed to build resilience and then take vulnerable families on a journey from isolation to participation, from lack of self-worth to growing confidence and hopeful home lives.



FPSLeafletTriFoldSeptember2020.pdf

Changing Minds - Community wellbeing activities

A range of community wellbeing activities are available for adults – via booking and/or drop in – at the Lodge in Westgate-on-sea, Thanet. These include community clean ups, craft sessions, cinema trips, mindfulness and more. They offer free/low cost sessions. For details contact Steve

Migan: steve.migan@changingmindskent.co.uk / changingmindskent.co.uk



The Lodge - Winter
schedule.pdf

Pie Factory Music - Apply to join the Girls Programme!

This opportunity is for girls aged 13-18 in Thanet who identify as genderqueer, to join a new programme of musical support and growth, be inspired by all genres of music, get an insight into the music industry (particularly from a female perspective), plus a chance to organise and event as part of next year's POW! Festival, in a supportive environment. The deadline for applications is Friday 23rd October, just before half-term. Contact: Rachel Connelly, Girls Programme Producer, Pie Factory Music, www.piefactorymusic.com



PFM Application
info YP.pdf

The Autism Apprentice CIC – Supporting the autism family programme Thanet

Thanks to National Lottery Community and Government funding, The Autism Apprentice CIC can offer their “Supporting the autism family programme” in conjunction with Mid Kent Mind.

The programme offers intensive support for 6 weeks, 2 appointments each week (one with each service). Sessions are bespoke to the family, and centred around their needs and requirements including discussions and strategies around education, diagnosis (pre and post), anxiety, challenging behaviour, sensory needs.

Delivery is via Zoom. To book a place: 03000 110 300 /

info@autismapprentice.co.uk. <https://www.autismapprentice.co.uk>.

Includes us 2 - New family support service (East)

Includes Us 2, in partnership with the charities For Us Too and Space 2 Be Me, is excited to announce the launch of a new Family Support Service, funded by the National Lottery. This new service aims to assist families of children who have a disability or SEN by providing a tailored package of support for up to 12 weeks.

Contact **For Us 2: Thanet, Canterbury & Swale Contact:** info@forustoo.org



Family Support
Partnership Referral



The Family Support
Partnership.docx

National Carers Service - Expansion of education and training to all over 18s

The Prime Minister announced a major expansion of post-18 education and training to prepare workers for the post-COVID economy. This includes a Lifetime Skills Guarantee to give adults the chance to take free college courses valued by employers. It also includes a new entitlement to flexible loans to allow courses to be taken in segments, boosting opportunities to retrain, and enhancing the nation's technical skills. Find out more, click [here](#). [The Skills Toolkit](#), which provides free courses to help people learn new skills or get a new job, has also been expanded to more than 70 courses in digital, numeracy and employability or work-readiness courses.

HeadStart Kent – Awarded additional year's funding

HeadStart Kent, has been awarded funding to continue its vital work for an additional year. HeadStart Kent works with schools to help them improve the support they offer pupils in terms of their mental well-being and offers staff training. It organises events and activities for young people such as online counselling and support, one-to-one mentoring, and training for staff in Youth Mental Health First Aid and Mindfulness. The programme also provides grants which can be used for developing young people's talents and interests, school and community projects, group activities for young people, and weekend residential events to build skills and confidence. HeadStart Kent also has two websites – the [Kent Resilience Hub](#) which offers support and advice for families, and [MoodSpark](#) which was designed with and for children and young people in Kent.

Information and Resources

Kent Children's Portal – Update

Please find the [Kent Children's Portal Update](#) on Kelsi.

Every Mind Matters - Looking after a child or young person's mental health

For support if you are worried about children and young people's mental health see [Every Mind Matters](#) for information on available services and resources.

Mental Health Support - Digital Cards

KCC and NHS bring you digital cards which summarise key support services for:

- Adult Mental Health Support Services
- Children's Mental Health Support Services



Crisis Support Card Adult.pdf



Crisis Support Card CYP.pdf

NHS – Free Covid-19 app

The free [NHS Covid-19 app](#) is now available to download as part of the NHS Test and Trace service that supports and protects the public.



NWG and The Marie Collins Foundation – Resources

Important booklet about Sexual Abuse online - [a parent's guide on how to help their child](#). Important guide to address the [challenges professional's face when working with issues of online harm and young people](#).

Canterbury City Council – Online digital student calendar planner

This handy [calendar](#) promotes awareness weeks, campaigns and handy information for students and community members.

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